



*Walking Gently on the Earth:  
Making Faithful Choices  
About Food, Energy, Shelter  
and More*

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“Our hope is that whatever emotion this book stirs, it will primarily invite you to celebrate God’s good earth and to live in ways that foster the well-being of creation, this beautiful place we call home. Walking gently is a dance of sorts. It includes enjoying the good gifts of this bounteous earth while taking no more than we need. In walking gently we provide for our children—for all children—and for people and creatures yet to be born.”

—from chapter one, “For the Beauty of the Earth”

## Making Little Footprints

Do the shoes I wear and the chocolate I eat really mean justice for others? What about the car I drive or the length of my daily shower? In *Walking Gently on the Earth*, Lisa McMinn and her daughter Megan Anna Neff show how little decisions can have a big impact on the planet. Whether we like it or not, the globe is shrinking, and our neighbors are closer than ever before. Now more than ever we need to be mindful of acting compassionately and with justice for all.

But what does this compassion look like? How can we show Christian love to neighbors halfway around the world? Today we realize that loving others means more than prayer and evangelistic missions. It also means caring for people’s physical well-being and caring for the earth that provides for us all.

### **The Hidden Costs of Low-Cost Food**

When is food “just food”? Can my inexpensive eating habits undermine someone else’s ability to feed, clothe and educate their children? Lisa and Megan Anna show how you can eat well *and* do good.

### **Consumer Power and Justice**

How do we think carefully about decisions we make regarding clothes, household furnishings, remodeling projects, hobbies and vacations? A discussion of how to navigate between living simply and enjoying the ingenuity of new products.

### **Global Warming 101**

Is global warming real and, if so, was it caused by humans? How responding to this issue does not require a total reversal of our way of life.

### **Living Outside the Box**

Being a good citizen of the earth versus enjoying the beauty of life that God meant to be abundant: how to incorporate green energy into our daily life.

### **Openness to Life**

Birth control and blessings from God: Does our family size impact the planet? Just because we can control fertility, should we?

*Walking Gently* shows how living in a way that reflects the good life—a life lived more nearly as God intended—does not mean a complete overhaul of our existence. Each chapter is filled with suggestions and resources for taking baby steps to make our daily choices count toward a better quality of life for all, and shows how by doing so we fulfill the greatest commandments: to love God with all our hearts, and to love our neighbor as ourselves. And what could be better than that?